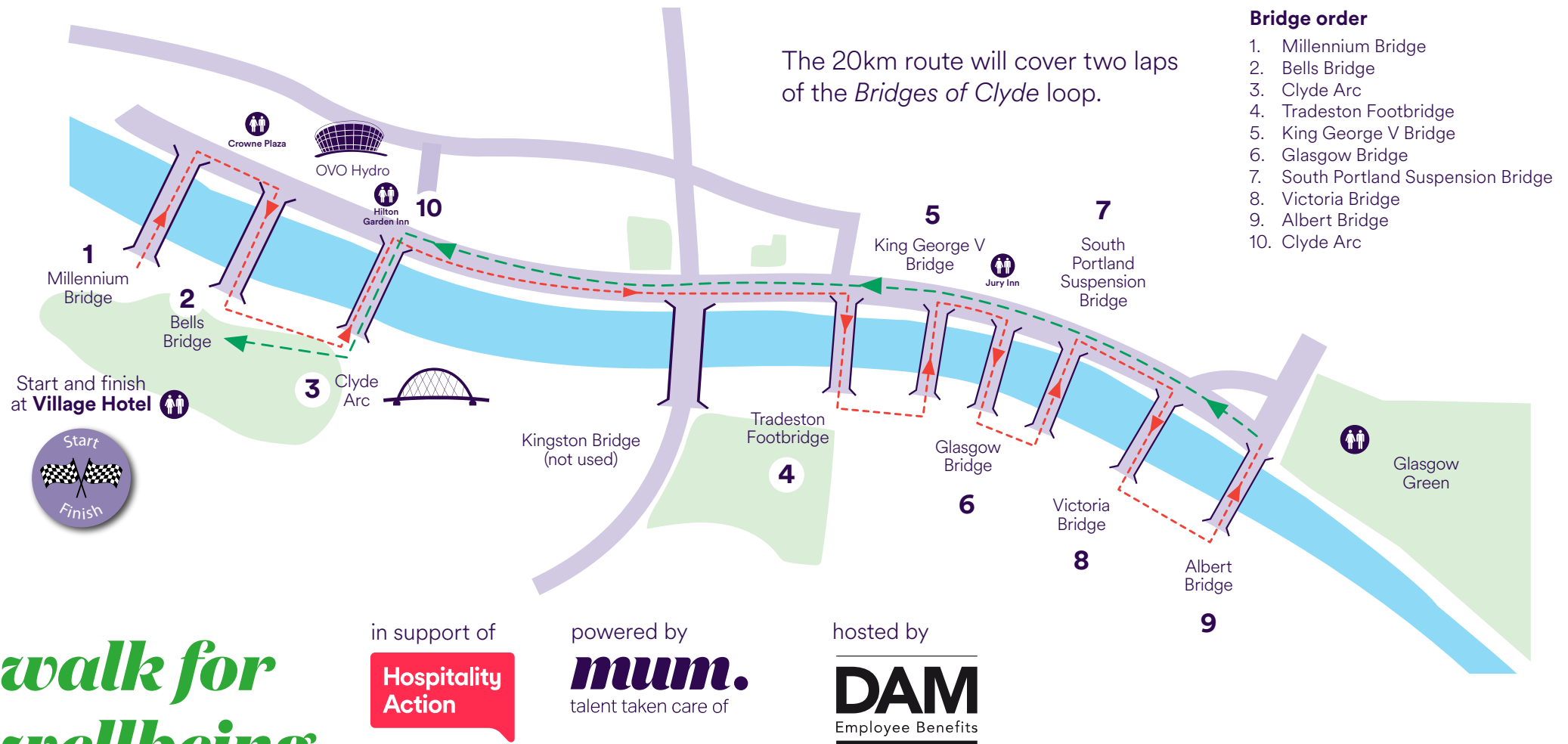


Walk for Wellbeing — Glasgow

Sunday, 19 October 2025

Walk starts at 10:00am, registration at 09:30.

- Please dispose of litter carefully
- Advise the organisers of medical conditions
- Walk at the pace you feel comfortable with
- If you need assistance call:
Lorraine Kellie: 07525 298 009
Jasmine Brash: 07305 085 285
- **In the event of an emergency, call 999**



walk for wellbeing.

Let's walk the walk and make a positive difference together