

HOSPITALITY

Action

Helping our people



Get Involved

Behind their smiles and slick service hospitality workers can fall upon hard times just like anybody else. Ours is a stressful industry, with long hours, high pressure environments and physically demanding work.

Injuries, mental health problems, financial pressures and addiction are sadly a feature of modern life in the hospitality trade. That's where Hospitality Action steps in. We provide our industry colleagues with financial, physical and psychological support to help them overcome adversity and get back to work as quickly as possible.

How we help

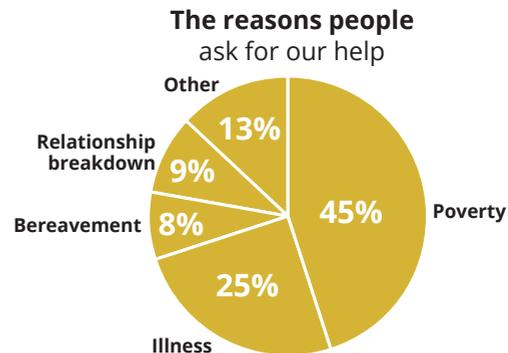
Grants

Our help has never been in such demand. Grants are awarded for practical household items such as appliances, general living costs like school uniforms or we may even cover winter fuel costs. We also fund home conversions if a family member has become disabled, or help cover funeral costs for people who can't afford them.

As well as financial support we offer:

- **Counselling**
- **Debt and money advice**
- **Information and signposting**
- **Basic legal advice**
- **Family Days out**

£880k
spent in grants
during 2018



Employee Assistance Programme

For employers who wish to promote wellbeing within their business, our Employee Assistance Programme (EAP) provides a cost-effective service specifically tailored to the needs and challenges hospitality workers can face. Whether it's an issue at home or with drugs, alcohol, gambling, depression, anxiety, stress, illness, lack of work/life balance or financial pressure our EAP is designed to support both employees and managers through challenging times. Our EAP offers specialist, independent and confidential advice, support and assistance 24/7, 365 days a year.



Our Employee Assistance Programme now has over **230 member companies** with **130,000 employees** protected by our services



If you'd like to include your company in our Employee Assistance Programme email cwoods@hospitalityaction.org.uk

Golden Friends Scheme

While many of us look forward to retirement, no longer working can lead to feelings of loneliness and isolation. Our Golden Friends scheme is open to people who have worked within the hospitality industry and are now retired. This free scheme is open to anyone who is over pension age and has worked within the UK hospitality industry for at least seven years. Benefits of becoming a Golden Friend include invitations to regular get-togethers, phone calls and visits from befriending volunteers and gifts at Christmas and birthdays.

We supported **over 1500** hosted over **35 events**



Friends and in 2018



How you can help

Whether you attend a gala dinner, donate a prize or nominate us as your Charity of the Year, your actions will help those in real need. From cycling to skydiving to taking part in Social Sunday 2019 there are so many ways to get involved and so many reasons to do so. Supporting Hospitality Action is a great way to bring your team together and demonstrate your support to the wider wellbeing of the industry.

Show us your support in 2019 by taking part in one of these extra special fundraising initiatives:

Back to the Floor 4, The Dorchester, Friday 26th April

Senior industry figures go back to the floor. They're waiting for you!

Le Tour de Cuisine, The Cotswold Cycle Challenge, Monday 10th June

Cycle some of the most charming roads of Britain and bond with over 200 fellow industry colleagues.

Northern Polo Day, Cheshire Polo Club, Sunday 23rd June

Enjoy a delicious lunch prepared by award-winning chefs prior to a thrilling game of polo.

Social Sunday, nationwide, Sunday 7th July

Participate in Social Sunday and serve up something special this summer.

There are lots of other ways you can lend a hand, from attending our Big Fat Quiz to adding a small amount to customer bills in honour of our work. Get in touch with the Hospitality Action fundraising team to learn about the many ways you can support us this year.

To get involved email fundraising@hospitalityaction.org.uk

Help us raise awareness by following us across social media:



HospitalityAction



@HospAction



@hospitality-action

Web: www.hospitalityaction.org.uk

Tel: 020 3004 5500

Email: info@hospitalityaction.org.uk

Registered Charity No: 1101083